

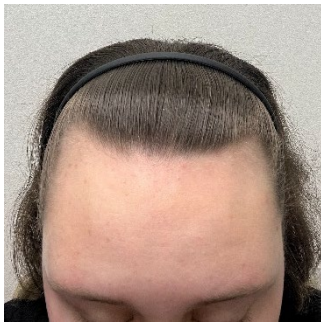
How To Take Hair Photos at Home for Telehealth Appointments

Details

Hair Photography is extremely important for your doctor to accurately assess your hair for a Telehealth appointment. Please ensure your hair is clean and dry at the time photographs are taken to ensure the most accurate result.

There are three main areas to photograph:

1. Temples/Hairline
2. Middle Part
3. Crown/Vertex



Items Needed (If possible)

- Camera or Phone
- Headband
- Comb or brush
- Clips

Step by Step Guide

1. Comb your hair away from your front hairline and use a headband to hold hair in place (if you have one available).
2. Take a photograph as shown in the first image above.
3. Remove headband and use a comb or brush to part your hair down the **centre** of your head, secure with clips on either side (if you have available).
4. Take a photograph as shown in the second image above.
5. Remove clips and locate the crown at the back of your head by tilting your head forward and looking at the ground. Brush the hair away from the centre point of the crown, as shown in the third image
If this is difficult ask a friend or family member to help you.
6. Once all photographs are taken please email the images to medphoto@sinclairdermatology.com.au at least 48 hours prior to your appointment.
Remember to include your full name and date of birth.
***If you think there are other areas of concern feel free to send more images.**