



Sinclair
DERMATOLOGY

Staff & Services



Our Doctors

Meet the team from Melbourne's premier skin clinic.

General Dermatology



Prof Rod Sinclair

Qualifications

MBBS (Melb)
MD (Melb)
FACD

Specialties

- Skin cancer
- Psoriasis
- Skin immunology
- Hair and scalp diseases
- Alopecia areata
- General dermatology
- Nail disorders



Dr Shobha Joseph

Qualifications

MBBS (India)
MD (India)
FACD

Specialties

- Eczema
- Acne
- Psoriasis
- Skin cancer
- Vitiligo
- Nail disorders
- Paediatric dermatology



Dr Samantha Eisman

Qualifications

MBChB, (SA)
MRCP (UK)
FCDerm (SA)

Specialties

- Psoriasis
- Eczema
- Skin cancers
- Hair problems
- Hyperhidrosis



Dr Vijaya Chitreddy

Qualifications

MBBS (India)
MD (India)
FACD

Specialties

- Hair disorders
- Acne
- Eczema
- Psoriasis
- Skin cancer
- Connective tissue diseases
- Immunobullous disorders



Dr Deepani Rathnayake

Qualifications

MBBS (Sri Lanka)
MD (Sri Lanka)
FACD

Specialties

- Hair disorders
- Pigmentary disorders
- Tropical dermatology
- Skin cancer
- Eczema
- Acne



Dr Ilspih Browne

Qualifications

MBChB (SA)
FCDerm (SA)
FACD

Specialties

- Acne
- Eczema
- Skin cancers
- Hair problems



Dr Shyamalar Gunatheesan

Qualifications

MBBS (Melb)
BMedSc (Melb)
FACD

Specialties

- Skin cancer management
- Hair loss
- Hyperhidrosis
- Cosmetic dermatology

Plastic Surgery



Mr Miklós Pohl

Qualifications

MBBS (Syd)
FRCS (Eng)
FRACS (Plastics)

Specialties

- Plastic and reconstructive surgery

Hair Transplant Surgery



Dr Mario Marzola

Qualifications

MBBS
FFMACCS
Diplomate ABHRS Regenerative Medicine

Specialties

- Hair transplantation

Cosmetic Dermatology



Dr Parisa Arianejad

Qualifications

MD (Iran)
Dermatology (Iran)

Specialties

- Laser and cosmetic treatments
- Biofibre implantation
- Botox and fillers

Medical Laser



Dr Radhika Harish

Qualifications

MBBS (India)
MD (India)

Specialties

- Clinical trials
- Laser

Clinical Trials



Dr Carol Robinson

Qualifications

B.Sc(Hons)
PhD

Dermatology Research



Associate Prof Leslie Jones

Qualifications

MSC
PhD (Paediatrics)

Hairdressing and Medical Camouflage Nurses



Ms Kay Fitzgerald



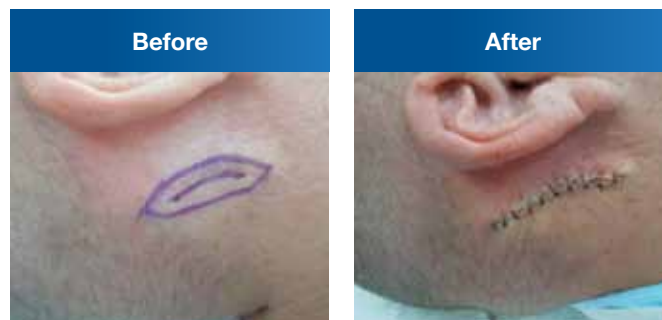
Sara Perry

Jessica Harper

Our Services

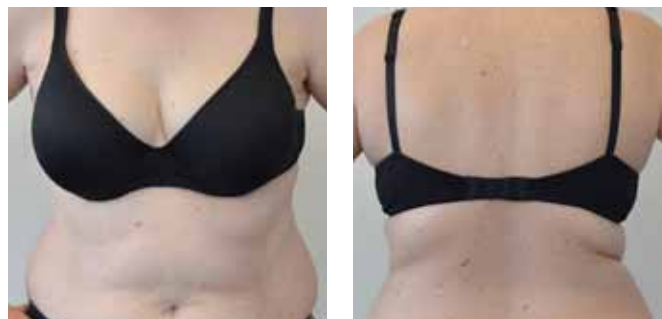
Skin Checks and Skin Cancer Treatment

Nearly 2000 Australians die from preventable skin cancers each year. Regular skin checks will detect problems early. Early diagnosis simplifies treatment, produces less scarring and save lives.



Mole Photography and Mapping

Digital photography is used to record images of moles and other skin lesions to monitor for changes over time that are suspicious of malignant transformation



Androgenetic Alopecia

Sinclair Dermatology have been involved in the diagnosis and treatment of men's hair loss for over 20 years. Significant milestones include the launch of Finasteride into Australia, the transition of 'Regaine' from a prescription only item to an over the counter pharmaceutical, the development of low dose oral minoxidil as an alternative to topical minoxidil, the discovery of the first gene association in male pattern baldness, and the description of the mechanism of hair loss in androgenetic alopecia.



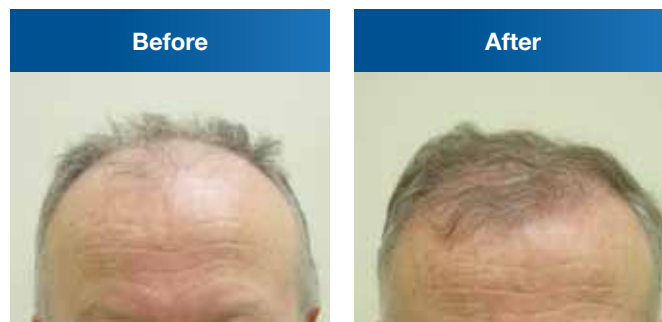
Female Pattern Hair Loss

The Women's Hair Loss Clinic at Sinclair Dermatology is the largest specialist clinic of its type in the World. Sinclair Dermatology have published landmark articles on the genetics, prevalence, pathogenesis, diagnosis and treatment of female pattern hair loss. The clinic treats over 150 women with pattern hair loss each week.



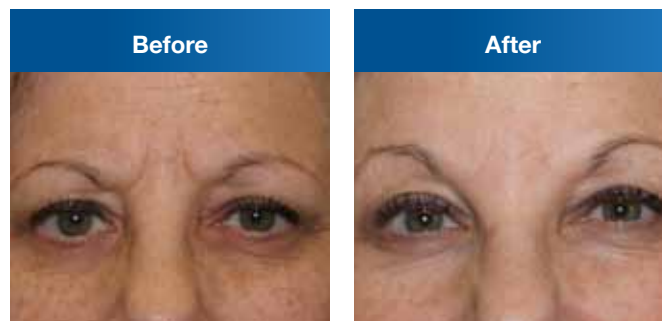
Hair Transplantation

Hair transplantation is available for both men and women with advanced hair loss. Both convention Follicular Unit Transplantation (FUT) and the newer procedure Follicular unit Extraction (FUE) are offered.



Botox/Filler

Botox is available for both the treatment of fine lines and wrinkles as well as hyperhidrosis. Our dermatologists are registered with the Department of Human Services to prescribe Botox. Patients can be referred directly to the Cosmetic Dermatology Clinic for Botox and Filler (Juvederm and Restylane).



Hairdressing Salon & Wigs

An on-site hairdressing salon specialises in styling, colouring, straightening, hair extensions, camouflage and wigs for people with hair loss. Privacy is provided for patients concerned about open plan community salons. The salon is open to the general public and appointments can be made by telephoning 1300 Sinclair.



Compounding Pharmacy

The on-site compounding laboratory and pharmacy specialises in the preparation of compounded and extemporaneous lotions, gels, pessaries, creams and ointments as well as compounded oral troche and capsule medications.

The pharmacy is open to the general public. Telephone 94161223.



Our Services

Facial Vessels

Vascular laser and optimized IPL treatment is available of telangiectasia, rosacea, angiomas, haemangiomas, reticular veins and port wine stains. While angiomas may respond to a single treatment, diffuse telangiectasia generally require 3-4 repeat treatments.



Skin Pigmentation

Pigment laser and optimized IPL are available for lentigines, chloasma, poikiloderma, café au Lait macules and pigmented naevi. 3-4 repeat treatments are generally required.



Stretch Marks

The Cynosure fractionated non-ablative laser is FDA approved for the treatment of white stretch marks. Activation of wound healing leads to collagen replacement and re-organization within the stria. Red stretch marks can be treated initially with IPL. Four to five repeat treatments are generally required to fade stretch marks.



Acne Scarring and Laser Scar Removal

Superficial scarring can be treated with serial Fractionated laser or a single ablative laser treatment.



Skin Rejuvenation and Resurfacing

For Skin rejuvenation we offer stand-alone or combination treatment with fractionated non ablative laser and fractional ablative laser. The combination treatment approach offers a same day treatment which allows tailoring of depth, coagulation and ablation to optimize treatment outcome while minimizing downtime to a day or so. For optimal results, fractioned laser is repeated 3-4 times, four to 6 weeks apart.



Wrinkle Treatment

Fractionated and non-fractionated ablative erbium laser options allow treatment of deeper wrinkles with a single treatment. While recovery generally takes 3-5 days, ablative laser is a single on-off treatment. The ablative laser can also be used for laser vermilionectomy and to treat trichoepithelioma, syringoma and angiofibroma.



Leg Veins

Starburst leg veins can be treated with a 1064nm wavelength Nd: Yag laser. Spider and reticular veins can be treated without incision and minimal discomfort in less than 30 minutes.



Hair Removal

Sinclair Dermatology have 3 dedicated hair removal lasers. The Vectus Diode is the Rolls Royce of hair removal laser. Treatment times are shorter with the large spot size. An entire male back can be treated in under 15 minutes. The Max Y laser is ideal for removal of fine lightly pigmented hair and an Nd: Yag laser is preferred for people with dark skin colour.





sinclairdermatology.com.au

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